

YEAR 1, EPIPHANY 4, WEDNESDAY: MASS

The First Lesson. The Reader begins

A Reading from the Letter to the Hebrews

In your struggle against sin you have not yet resisted to the point of shedding your blood. And have you forgotten the exhortation which addresses you as sons?—“My son, do not regard lightly the discipline of the Lord, nor lose courage when you are punished by him. For the Lord disciplines him whom he loves, and chastises every son whom he receives.” It is for discipline that you have to endure. God is treating you as sons; for what son is there whom his father does not discipline? For the moment all discipline seems painful rather than pleasant; later it yields the peaceful fruit of righteousness to those who have been trained by it. Therefore lift your drooping hands and strengthen your weak knees, and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed. Strive for peace with all men, and for the holiness without which no one will see the Lord. See to it that no one fail to obtain the grace of God; that no “root of bitterness” spring up and cause trouble, and by it the many become defiled.

The Reader concludes

The Word of the Lord.

Psalm 103:13–18

At Said Mass the Reader says

Please join me in reading Psalm 103, verses 13 through 18, found in the red Prayer Book on page 734.

(The Reader repeats the above information as needed.)

At Sung Mass the Reader says

Please join me in reading Psalm 103 as found in the service bulletin.

- 13 As a father cares for his children, *
so does the LORD care for those who fear him.
- 14 For he himself knows whereof we are made; *
he remembers that we are but dust.
- 15 Our days are like the grass; *
we flourish like a flower of the field;
- 16 When the wind goes over it, it is gone, *
and its place shall know it no more.
- 17 But the merciful goodness of the LORD endures
for ever on those who fear him, *
and his righteousness on children's children;

18 On those who keep his covenant *
and remember his commandments and do them.

The Gospel Acclamation

The Reader leads the appointed acclamation.

Reader Alleluia.

People Alleluia.

Reader Your love, O Lord, for ever will I sing; *
from age to age my mouth will proclaim
your faithfulness.

People Alleluia.

The Reader returns to his or her seat.

The Holy Gospel

The Minister says The Lord be with you.

People And also with you.

Minister ✠ The Holy Gospel of our Lord
Jesus Christ according to Mark.

People Glory to you, Lord Christ.

Jesus went away from there and came to his own country; and his disciples followed him. And on the sabbath he began to teach in the synagogue; and many who heard him were astonished, saying, “Where did

this man get all this? What is the wisdom given to him? What mighty works are wrought by his hands! Is not this the carpenter, the son of Mary and brother of James and Jo'ses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. And Jesus said to them, "A prophet is not without honor, except in his own country, and among his own kin, and in his own house." And he could do no mighty work there, except that he laid his hands upon a few sick people and healed them. And he marveled because of their unbelief. And he went about among the villages teaching.

The Minister says The Gospel of the Lord.